



Tour de Cure National Team Online Registration

Register for your local Tour de Cure event as part of the Wal-Mart/Sam's Club National Team by following these quick and easy steps:

1. Go to www.diabetes.org/tour
If you have participated in Tour de Cure in previous years, or one of the other American Diabetes Association signature events, **log in** with your old username and password prior to moving to step 2. If you do not have or remember this information, click on "**Forgot Your Password**"? at the top-right corner of the screen to have the information e-mailed to you.*

****Important! First decide if you are going to start a team, join a team or register as an individual****

2. **To create a team** under the Wal-Mart/Sam's Club National Team umbrella:
 - a) Click on **Wal-Mart/Sam's Club** under "National Teams" on the lower left side of the Tour de Cure page
 - b) Click on **Register** at the top of the page
 - c) Select your state from the dropdown menu and click on your desired location.
 - d) Click on **Create a Team**. Create a team name.
 - e) **Critical Step:** Utilize the National Team pull-down menu to choose your National Team affiliation – "**Team Wal-Mart/Sam's Club**"
 - f) Choose a team division (corporate, family/friend or club/organizational)
 - g) Enter a team fund-raising goal
 - h) Complete the remaining registration screens, including entering your registration information, agreeing to the personal waiver, paying the registration fee, etc.
3. **To join a team** under the Wal-Mart/Sam's Club National Team umbrella:
 - a) Click on **Wal-Mart/Sam's Club** under "National Teams" on the lower left side of the Tour de Cure page
 - b) Click on **Register** at the top of the page
 - c) Select your state from the dropdown menu and click on your desired location.
 - d) Click **Join a Team**
 - e) Enter the team's name (if you know it) into the Team Name field and click **Search for a Team**. Or just click **Search for a Team** to see all teams.
 - f) When the team appears at the bottom of the screen under Search Results, click **Join** to the right of it
 - g) Complete the remaining registration screens, including entering your registration information, agreeing to the personal waiver, paying the registration fee, etc.
4. **To register as an individual** under the Wal-Mart/Sam's Club National Team
 - a) Click on **Wal-Mart/Sam's Club** under "National Teams" on the lower left side of the Step Out page
 - b) Click on **Register** along the top of the screen
 - c) Choose the state where you will ride from the pull-down menu
 - d) Click on the city in which you will participate
 - e) Click on "**Register as an Individual**" and enter your personal information
 - f) Complete the remaining registration screens, including agreeing to the personal waiver, paying the registration fee, etc.

If you have any questions or concerns, click "**Contact us**" at the top of the Web site, or call your local ADA office directly at 1-888-DIABETES.

**ADA's Signature events are: Step Out, Tour de Cure, School Walk for Diabetes or Rip's B.A.D. Ride.*